# Fourth Sunday of Lent

March 10, 2024

2 Chr 36:14-16, 19-23 137:1-2, 3, 4-5, 6 Eph 2:4-10 Jn 3:14-21

"Let my tongue be silenced, if I ever forget you!"





St. Dominic's is a Catholic Parish Inspired by Dominican Spirituality Igniting the Faith for the Salvation of Souls

### **Mass Intentions**

Sat Sun	03/09 03/10	5:00 p.m. (R) Feliza Monje 7:30 a.m. (R) Montserrat Gaskel Morrissey 9:00 a.m. (T) People of the Parish 11:00 a.m. (R) Ellen Alfero 1:00 p.m. (R) Luis Alberto Mendez
Mon	03/11	6:45 a.m. (R) Josefina Co 8:15 a.m. (H) Marsha Morse
Tues	03/12	6:45 a.m. (T) Mary Hickey
Wed	03/13	( ) - : - : : : : : : : : : : : : : : : :
Thurs	03/14	· · · · · · · · · · · · · · · · · · ·
Fri	03/15	
Sat	03/16	8:15 a.m. (R) Joey Rock Morocco 8:15 a.m. (R) Marion Wright 5:00 p.m. (A) 170th Year Anniversary
Sun	03/17	St. Dominic's Parish 7:30 a.m. (R) Iluminada M. Panganiban 9:00 a.m. (R) Dorothy Harty 11:00 a.m. (T) People of the Parish 1:00 p.m. (A) Greg & Margie Daly

(A) Anniversary (B) Birthday (T) Thanksgiving

April 2024 Intentions Open March 1

Legend:

(R) Repose of the Soul (H) Health (P) Prayerful Intention



# Please pray for the recovery of the sick listed in our Book of Intentions and the following:



Christian Salcedo Marsha Morse, Sean Salvatin, John Lydon, Rolando Cortez, Paul Cruel, Joshua Oehler, Meredith Morrow, Laura Starkey, Cheena Gutierrez, Maria de Fatima Pereira, Eileen Hayes, Barbara Donley, Cecilia Tan, Sherry Thomas, Barbara Helms, Greg Gormley, Joshua Chavez-Carroll, Colin Larkin, Jerry Schilz, Pauline Soop, Alma Johnson, Lee Schaffner, Barbara Flores, Rob Lustan, Nita Calvo, Mel Gaoaen, Sean Daly, Jackie Ho, Laura Carnes Dietrich, Lisa Santini, Liz Thurin, Rosie & Don Klatt, Aurora Basilio, Leonor Cruel, Mark Nees, Lilian Fajardo, Albert Tan Co, Ron Pearman, Patricia Weber, Bernice Cure, Margaret Haddad, Monika Pangelinan, Gladys Haddad, Julia Haddad, Pete & Dorothy Szabo

# Please remember the following recently deceased (and their families) in your prayers:

Sharon Kirkman, Malcolm Duvall, Elvira Little, Tim Tatom, Rosemary Bacci, Pam Stanbrough, John Joseph Varni, Justavo Tiburcio, Dennis Silveria, Sue Hayes, Matthew Colucci, Gloria de Castro, Victoria Montgomery, Harlon Moore, Elda Slaviero, Darrell Perry, Mark Meagher, Olivia Curran, Larry Whitney, Brigitte Michael, Elizabeth McWalters, Apolonia Reyes, Cecelia Siu, Ross Martino, Maria Lupe Sanchez

~names will be listed approximately 3 months as space allows













### **Pastor's Corner**



There are so many spiritual benefits that come with our Lenten penances, and one of those benefits is that our penances can help us to be less reliant on creature-comforts in moments of emotional difficulty. For example, during Lent, if I have given up sweets, and someone annoys me, I am much less likely to numb my feelings with cookies,

rather than turning to my relationship with God to address that irritation. Believe it or not, I did not learn the value of this until my novice year as a Dominican. When you are a novice, most of your creaturecomforts are withheld from you, like sweets and alcohol, Internet access, media use, and so forth, and are only permitted at certain times. For me as a novice, this meant that if one of my fellow novice brothers really annoyed me, I was not able to alleviate that irritation by simply having a glass of wine that evening, making a batch of cookies, or streaming a few episodes of The Office. Before my novice year, those would have been my go-to emotional comforts – emotional crutches, really. But once I was in the novitiate and did not have access to those sorts of things whenever I wanted, I soon realized during times of emotional frustration, I needed to learn to seek resolution more from prayer, honest self-examination, and healthy conversations with others. Those were pretty much the only emotional medicine available to me, and, as a result. throughout my novice year, I learned to utilize them much more than I had ever done in the past. While I would not seek another novice year, I admit the whole experience forced me to grow in character to a degree that I do not believe I would have been able to accomplish without it. Our six-week Lenten penances can provide us growth along these lines, if we have the right intentionality. Making this a goal and following through with it can be very empowering. In general, the more we rely on God, the more secure we will feel in various aspects of life. God is the unmoved mover, after all. And he is a much sturdier support than sensory pleasures that often just provide a temporary illusion of support and comfort – an illusion that often leaves us feeling less secure than before. God wants to be our support so that we don't have to rely on those grossly insufficient substitutes. The next time someone annoys us during this Lent, and we are tempted resolve those feelings with the Girl Scout Cookies we tucked away from ourselves during the season, let's try a better option – God. The ephemeral pleasure of Girl Scout Cookies certainly cannot compare to Him!

Fr. Andy Opsahl, O.P. - Pastor frandy@stdombenicia.org 707-335-4668

## **Upcoming Events**

Sacrifice Bead Making

TODAY – Sunday, March 10 5:00 p.m. - Parish Hall

### **Spanish Bible Study**

Thursdays 6:30 p.m. - Siena Room

### Stations of the Cross & Soup Supper

Fridays, February 16 - March 22 6:00 p.m. - Stations of the Cross in Church Followed by Soup in the Hall March 15 - St. Vincent de Paul / Gabriel Project March 22 – Asoc. Guadalupana

#### **Grief Series**

Saturdays, February 24-March 20 11:00 a.m. - Aquinas Room

# St. Dominic's 170th Anniversary & St. Patrick's Day Dinner

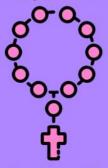
Saturday, March 16
Mass at 5:00 p.m.
Followed by Dinner at the
Benicia Clock Tower
Tickets on sale at all Masses &
At the Parish Office
Sunday, March 17
Continental Breakfast Reception
After the 9:00 & 11:00 a.m. Masses

### **Seven Sorrows of the Blessed Virgin Mary**

Reflections with Br. Anselm Monday, March 18 6:30 p.m. - Church

Jesus sacrificed his life for love of you.

What sacrifices will you offer for love of him?



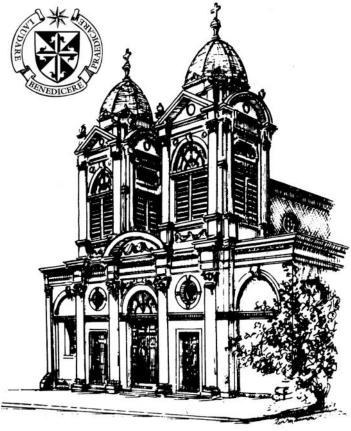
Join MOMs group for fellowship as we follow St. Therese in her "Little Way" by stringing together sacrifice beads to keep track of our acts of love throughout the days of lent and beyond

> Sunday, March 10, 2024 5:00 p.m. Parish Hall

Supplies and snacks will be provided







1854 - 2024

170 Gyears





## St. Vincent de Paul, Dennis Garvey Easter Holiday Dinner Program

Thank you to all our parishioners who continue to participate in our holiday food boxes for the hungry! Easter boxes will be out soon!

Your participation is vital to our efforts to provide for those in need during the holidays.

If you would like to be part of our community, we meet the first Tuesday of the month at 7:00 p.m.

Contact Tom at SVdP@stdombenicia.org For questions or more information

If you have questions or need assistance, please call 707-746-1773

### CEMETERY POSITION



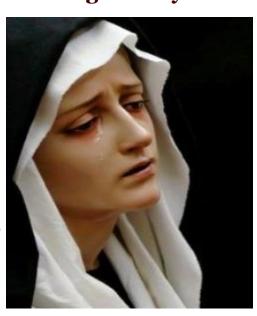
St. Dominic's Cemetery is seeking a part-time
Assistant Manager. Must have experience with Office 365 and Excel software.

For more information, contact Lisa Sarnicola at 707-751-0527



Please join us for a night of prayer in the church and reflection on the Seven Sorrows of the Blessed Virgin Mary

with Br. Anselm Dominic, OP Monday, March 18 at 6:30 p.m.







Thank you for helping our neighbors in need through the Annual Catholic Appeal

Your gifts will make a difference in the lives of those who suffer physical, material and spiritual poverty. If you have not yet made a donation, it's not too late! Donate online at www.scd.org/acagive. Envelopes are also available in the church or parish office. 25% is returned to our parish for our own ministry to people in our community. Your gift matters.

## Tavola di San Giuseppe

"St. Joseph's Table"



Please join us in observing the beautiful Italian Tradition of the "St. Joseph's Table" in our own unique St. Dominic's way by offering the following nonperishable items and placing them on the tables that will be set up in front of the image of St. Joseph inside the church between March 15-19, 2024.

Spaghetti and Spaghetti Sauce Peanut Butter and Jelly Canned Fruit Mac & Cheese Canned Tuna

All items offered to St. Joseph will be given to the needy through the Society of St. Vincent de Paul

# "Blessed are those who mourn: they shall be comforted."

We understand during these times it has been especially difficult for those grieving.
You are not alone. We are here for you.
St. Dominic's Grief Group is having a new series of sessions, come to one or all 6 weeks!

Saturdays February 24 - March 30, 2024 11:00 a.m.

In the Ministry Center - Aguinas Room

We are also available by phone or email.

Please reach out to Patti Erickson
at grief@stdombenicia.org or call 650.455.3766.

# 40 DAYS FOR LIFE.

Vallejo/Benicia/American Canyon CA – Beginning February 14th thru March 24th 2024, the highly successful 40 Days for Life campaign returns to Vallejo with 40 days of prayer and fasting, peaceful vigil and community outreach. St. Dominic's Parish will be responsible for filling the hours of 6am to 6pm beginning on the first Wednesday of the vigil February 14th. Please consider giving 1 hour per week praying in the public right of way in front of Planned Parenthood located at 303 Sacramento St. Vallejo, CA. You can sign up online at <a href="https://www.40daysforlife.com/en/vallejo">https://www.40daysforlife.com/en/vallejo</a>. You can set up your own login credentials and sign up for any hour of any day during the vigil. Please contact me if you have any questions.

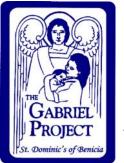
We know 40 Days for Life has made a difference in Vallejo/Benicia & American Canyon. Our volunteers have made extraordinary sacrifices to expose the abortion industry and to protect children and their mothers from abortion." Here are just a few of the positive results of the previous Vallejo campaign(s).

- Nine lives save from abortion that we know of
- Five Catholic Churches are working together
- Approximately 50 volunteers dedicated themselves as prayer warriors & few of them pray at the clinic every Wednesday, Thursday & Friday all year round, rain or shine.

40 Days for Life is a peaceful, highly-focused, non-denominational initiative that focuses on 40 days of prayer and fasting, peaceful vigil at abortion facilities, and grassroots educational outreach. The 40-day time frame is drawn from examples throughout Biblical history. All prayer vigil participants are requested to pray for peace, pledging to conduct themselves in a Christ-like manner at all times.

CONTACT: Tony Hensley 707-246-9076 E-mail: tonyh@ctpub.com

# Pregnant? Worried and confused? We're here to help you.



The Gabriel Project® offers hope and assistance to any woman experiencing a crisis pregnancy. We respect all life and see the birth of each child as a fresh expression of the unfailing love of God. Our concern is not only for the unborn child, but also for each and every mother in need.

gabriel@stdombenicia.org

### **Adult Confirmation Spring 2024**

Each year, Bishop Soto extends an opportunity to receive the Sacrament of Confirmation to practicing adult Catholics of the Diocese of Sacramento who are baptized, have received First Communion, and have received religious instruction since their First Communion, but for various reasons were never received the Sacrament of Confirmation.



The next celebration of the Sacrament of Confirmation is scheduled for Saturday, May 18, 2024, at the Cathedral of the Blessed Sacrament, Sacramento, 5:00 p.m. Candidates will be prepared at the parish level by completing 8 sessions held over a series of consecutive Sundays from March 10. 2024 through May 5, 2024, 3:00-4:30 p.m., St. Dominic's Ministry Center, Siena Rm.

Sacrament preparation will include prayer, scripture and a review of the Catechism of the Catholic Church. To participate the candidate must be a baptized Catholic, who has received catechetical instruction at least up to receiving the Eucharist (First Communion), be either unmarried or in a marriage recognized as valid by the Catholic Church, and have a recent copy of their Baptismal Certificate certified within the past 6 months. Confirmation candidates must select a Sponsor who must be Catholic, received the Sacrament of Confirmation, is a practicing Catholic, and is at least 16 years of age.

Please contact Deacon Errol Kissinger at ekissinger@stdombenicia.org for more information.

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## **MUSIC NOTES** March 10, 2024

11:00 a.m. Mass

Organ Prelude: Reflective Interlude in E by Colin Mawby

Colin Mawby (9 May 1936 – 24 November 2019) was an English organist, choral conductor and composer. From 1961 he was Master of Music he was the choral director at Radio Telefís Éireann. He composed masses dodicat to specific choirs, including in Germany. He was awarded Knighthood of the Order of St. Gregory in 2006.

Organ Postlude: Prelude in F major from 8 Short Preludes and Fugues by J. S. Bach

The **Eight** 

Short Preludes and Fugues (also Eight Little Preludes and Fugues), BWV 553-560, are a collection of works for keyboard and pedal formerly attributed to Johann Sebastian Bach. They are now believed to have been composed by one of Bach's pupils, possibly Johann Tobias Krebs or his son Johann Ludwig Krebs, or by the Bohemian composer Johann Caspar Ferdinand Fischer.

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# **ANUNCIO:**

SE LES INVITA A PARTICIPAR EN EL ESTUDIO DE LA BIBLIA EN ESPAÑOL EN REUNIONES SEMANALES JUEVES A LAS 6:30 PM

EN EL SALÓN SIENA



LIBRO DEL GÉNESIS

LÍDER: M.T. MATTHEWS

INFORMACIÓN: 707.479.1941

### **Mass Schedule**

Saturday Vigil: 5:00 p.m.
Sunday: 7:30 a.m. - Livestreamed
9:00 & 11:00 a.m.
1:00 p.m. (Spanish/English)
First Sunday of month Vietnamese Mass – 3:00 p.m.

**Daily Mass**Monday – Friday: 6:45 a.m.
Monday – Saturday: 8:15 a.m.

### **Confession Times**

Tuesday 6:30 p.m. Wednesday 9:00 a.m. Saturday 3:30 p.m.

### Ministries at St. Dominic's

♦ Adoration

Euly Legro - adoration@stdombenicia.org

**♦** Choirs

Dr. Cyril Deaconoff - <a href="mailto:cdeaconoff@stdombenicia.org">cdeaconoff@stdombenicia.org</a>

♦ Consolation/Grief

Patti Erickson - grief@stdombenicia.org

♦ Dominican Laity

Dirk Fulton - domlaity@stdombenicia.org

♦ Extraordinary Ministers of Holy Communion

Mike & Sara Monahan - emhc@stdombenicia.org

♦ Gabriel Project

Sandy Scafani & Maria Padrones - gabriel@stdombenicia.org

♦ GIFT - Growing In Faith Together

Shannon Carter - gift@stdombenicia.org

♦ Guadalupana Association

Patricia Chavez - guadalupana@stdombenicia.org

♦ Hospitality

Kristina Ruiz - hospitality@stdombenicia.org

♦ Knights of Columbus

Dan Swienton - beniciaknights@gmail.com

**♦** Mothers Ministry

Jamaila Pasternack - mothers@stdombenicia.org

♦ Lectors Ministry

Amar Lagrimas - lectors@stdombenicia.org

♦ Lazarus Ministry

Ann Espinosa - lazarus@stdombenicia.org

♦ Parish Pastoral Council

Kaitlin Demers - ppc@stdombenicia.org

♦ RCIA - Rite of Christian Initiation of Adults

Fr. Gregory Liu, O.P. - gliu@stdombenicia.org

♦ St. Dominic School

Penny Ogden - pogden@sdschoolbenicia.org

♦ St. Vincent de Paul

Tom Carroll - svdp@stdombenicia.org

♦ St. Dominic's Cemetery

Lisa Sarnicola - <a href="mailto:lsarnicola@opwest.org">lsarnicola@opwest.org</a>

Our ministries are back to their regular monthly meetings on campus. Please email and find out more about them and how you can join! They look forward to hearing from you.

### **Parish Office**

475 East I Street, Benicia
Current Office Hours
Tuesday - Friday: 9:00 a.m. to 2:00 p.m.
707.747.7220

### **Parish Staff**

Fr. Andy Opsahl, O.P. frandy@stdombenicia.org Fr. Gregory Liu, O.P. gliu@stdombenicia.org **Errol Kissinger** ekissinger@stdombenicia.org Shawn Carter scarter@stdombenicia.org Mike Scafani mscafani@stdombenicia.org Br. Anselm LeFave, O.P. alefave@stdombenicia.org Teresa Stone tstone@stdombenicia.org Dr. Cyril Deaconoff cdeaconoff@stdombenicia.org Lori Telepak Itelepak@stdombenicia.org Lisa Toomey Itoomey@stdombenicia.org Debi Thurin dthurin@stdombenicia.org Justin Reves ireyes@stdombenicia.org Scott Schilz sschilz@stdombenicia.org Fr. David Farrugia, O.P.

**Pastor** 

**Parochial Vicar** 

Deacon & Dir Rel Ed

Deacon

Deacon

**Resident Brother** 

**Business Manager** 

**Music Director** 

Communications

**Teen Ministry** 

**Children's Sacraments** 

Wedding Coordinator & Office Assistant Maintenance

In Residence / Retired In Residence / Retired

St. Dominic School 935 East 5th Street, Benicia Ischoolbenicia.org 707.745.1266

www.sdschoolbenicia.org
Penelope Ogden (K-8th grade)
pogden@sdschoolbenicia.org

Tanya Sanchez (Pre-K/TK) tsanchez@sdschoolbenicia.org

Fr. Vincent Serpa, O.P.

**Preschool Director** 

**Principal** 



# Please support the following businesses owned by members of our parish community. Their contributions each week underwrite our Parish Bulletin. Thank you!

A & S Chem Dry, Anthony & Shelly Trevino Serving St. Dominic's Parish for over 25 years! (707) 748-7726	Kindred Spirits Pet/House Sitting Dorothy Doscher (707) 334-3776	George Schandelmier Landscaping georgeschandelmierjrlandscaping.com (707) 554-2722
Accident Attorney Mark Basil Pappas, Esq. (707) 567-8206 mbpappaslaw@comcast.net	Law Offices of Barnum & Avila Employment Law (707) 745-3747, www.rmblaw.com	Sarita's Garden Consulting www.saritasdrygardenconsulting.com (707)-892-0851 First step in gardening!
All Souls Cemetery & Funeral Center FD2286 Funeral, Mortuary, Cremation & Burial. (707)-644-5209 cfcsSacramento.org	Law Offices of Thomas R. Healy Wills/Trusts/Estate Planning/General Practice (707) 553-7360	Shutters and More Bill Simpson, Parishioner (707) 746-8187
Amso Healthy Chiropractic 310 Military West (707) 752-2990	Minuteman Press Copy, Print, Posters & Banners (707) 647- 1000, 812 Tennessee St,Vallejo	St. Dominic's Cemetery Lisa Sarnicola, Sales Manager (707) 751-0527
ATS Tax & Financial Solutions Tax Angels to your rescue! Returns/ QB (707) 745-1040	Mr. Lawn Landscape Service Landscaping, Maintenance & Installation (707) 747-5273	Teresa Stone - Notary Services tstone@stdombenicia.org (707) 330-0773
Crane Station, Inc. Rex Sevilla–Crane and Electrical Services (800) 891-3888	Olson Realty, Inc. Kathleen McInerney Olson/Broker (707) 745-3602	Tuolumne Street Auto Repair John McLaughlin, Parishioner (707) 648-3434
David Galligan, Broker Twin Oaks Real Estate 231 First Street 707-319-5397 Text/Call DRE#00847290	Passalacqua Funeral Chapel John Passalacqua/Greg Silva, Directors (707) 745-3130	Up2Code Plumbing Owner Mike Pitta - 24 hour service (707) 751-1714
Hamann Real Estate, 513 First Street Tim and Jeannie Hamann/Broker-Owners (707) 246-6567 DRE01348061	Reyes Electric Co. & Design LIC#32877 Residential/ Commercial (707) 747-6818	Warring & Assoc. Realtors Bill/Diane Brokers/Owners, 829 First St. (707) 746-6990
Richard Joyce, O.D. Optometrist Exams, Glasses, Contacts (707) 745-6266, 874 Southampton Rd.		<b>Tim Wright - Carpentry Work</b> 30 years Exp - References Available (707) 319-5357
SPECIAL COLLECTIONS FOR MARCH	Mar 03: Building Improvement Mar 10: Catholic Relief Services Mar 10: SDS Tuition Assistance Mar 17: Building Improvement	Mar 24: Faith Formation Mar 28: Holy Thursday/St. Vincent de Paul Mar 29: Holy Land/Good Friday Mar 31: Easter Sunday

Parish Office Hours Tuesday - Friday 9:00 a.m. - 2:00 p.m.